



아침 (Breakfast)	8:30 ~ 9:00
포장 도시락 (Grab & Go) *금요일/FRIDAY*	10:30 ~ 선착순 (First come First serve)
실내점심 (Indoor Lunch)	12:00 ~ 12:40
준비물 (Bring)	QR Code
찬조금 (Donation)	아침 (Breakfast): \$1.00 점심 (Lunch): \$2.00

무료 이/미용 서비스 (Free Hair Cut): 매월 3 째주 화요일/Every 3 rd Tuesday of the month 12/16 화/Tues 9:00 AM ~ 11:30AM	
셔틀 버스 (Shuttle Bus): 1 차 12:30 & 2 차 1:00 효신 교회 정문 (Church Front Door) → 유니언 스트리트 (Union St) 찬조금 (Donation): \$0.50	
혈압 체크 (Blood Pressure Screening): 매주 화요일 11 시 ~ 12 시 Every Tuesday 11:00AM ~ 12:00PM <Shon, Aisil & Hae Ok Park 선생님>	

65 세 이상 경로 우대 교통 할인권 (Senior 65+ OMNY card)	
장소 (Location)	신규 발급 Flushing United Health Care 건물 3 rd Floor 신규 외 다른 업무 Flushing AT&T 입구 앞 미니밴 (MTA)
날짜/시간 (Day/Time)	매월 1 째, 3 째 금요일 오전 8:00 ~ 오후 3:00 1 st & 3 rd Friday of every month 8:00AM ~ 3:00PM
준비물 (Bring)	신분증 (사진 & 생년월일 증명) Photo ID & DOB required

KCS Flushing Older Adult Center (OAC) KCS 플러싱 경로회관

*Powerful Positive Prosperous
Productive Aging Since 2002
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December 2025 PROGRAM

42-15 166th Street Flushing, NY 11358

Tel: 718-886-8203 Fax: 718-886-8205

<http://www.kcsny.org>

New Membership/회원 등록

Monday to Friday (월요일 – 금요일) 9:00 – 11:30 AM

상담 업무 (Case Assistance)

사전 예약 (By appointment only) Tel: 718-886-8203

KCS Community Center Main Office (본부)
203-05 32 Ave. Bayside, NY 11361 Tel. 718-939-6137

KCS Corona Older Adult Center (코로나 경로회관)
37-06 111th Street Corona, NY 11368 Tel. 718-651-9220

KCS OAC Manhattan Satellite (맨하탄 경로회관)
633 W 115th Street New York, NY 10025 Tel. 347-923-0124

월(Monday)		화(Tuesday)		수(Wednesday)		목(Thursday)		금(Friday)	
 건강 관리 & 의자 요가 Health Management & Chair Yoga (10:40am – 11:30am) Kwi Ok Nah 									
Arts & Crafts 9:30 – 10:30 (Café) Kwi Ok Nah		기초 미술 / Basic Art 9:30 – 12:00 (Piano-방) Chang Ok Choi		미술 / Art 9:30 – 12:00 (Stage) Chang Ok Choi		Arts & Crafts 9:30 – 10:30 (Café) Kwi Ok Nah		미술 / Art 9:30 – 12:00 (Piano-방) Chang Ok Choi	
중급 중국어 Intermediate Chinese 10:30 – 12:00 (K-방) Sekwan Yang		가곡 Music 9:30 – 11:00 (Stage) Chunil Kim	건강 체조 / Health Exercise 11:00 – 12:00 (Hall) Seonhee Cho	타이치 Tai Chi 10:00 – 11:00 (Hall) Sara Kim		봉제, 퀼트 & 불란서자수 Quilt & French Embroidery 9:00 – 12:00 (K-방) Myung Ock Cho.		한국화 (줌) Korean Painting (Zoom) 10:00 – 11:30 Young Ja Park	생활 영어 English (K-방) 10:00 – 11:30 Eun Hee Kim
교양 인문학 강좌 Liberal Arts Lecture (Stage) 10:40 – 12:00 Se Woo Nam NO CLASS 11/10 & 11/17		키보드 Keyboard A 9:50 – 10:50 (K-방) Seong Eun Kim NO CLASS 11/18 & 11/25		생활 영어 / English (Piano-방) 11:00 – 12:00 Michael Song	팝송 영어 English Pop Song Class (K-방) 11:00 – 12:00 Boram Ku	청춘가요 / Kpop Music 10:00 – 12:00 (Piano-방) Bomi Yim		라인댄스 / Line Dance (기초 - Basic) 10:00 – 11:00 (Hall) Okkyung Chung	
요가 / Yoga 11:00 – 12:00 (Piano-방) Hyunju Sim		키보드 Keyboard B 11:00 – 12:00 (K-방) Seong Eun Kim		삼성 스마트폰 Samsung Smartphone 9:30 – 10:30 (K-방) Boram Ku		서예 Calligraphy (Stage) (중급 Intermediate) 10:00 – 12:00 In Sook Park		라인댄스 / Line Dance (중급 - Intermediate) 11:00 – 12:00 (Hall) Okkyung Chung	
I LOVE KOREAN FOOD LUNCH 12:00 – 12:40 I LOVE KOREAN FOOD									
KCS Choir (Piano-방) Yea Won Jun 12:30 – 3:30		사물놀이 Samulnory 1:00 – 3:00 (Piano-방) Myung Soon Choi		컴퓨터 Computer (중급 Intermediate) 12:30 – 2:00 (Piano-방) Michael Song		서예 Calligraphy (기초 Basic) (Stage) 12:00 – 2:00 Sung Sil Park	컴퓨터 Computer (기초 Basic) 1:00 – 2:00 (K-방) Steven Son	한국화 (Stage) Korean Painting 1:30 – 3:00 Young Ja Park	
영어 - 중급 (K-방) English - Intermediate 1:00 – 3:30 Sara-Ann Burke		AI: First Steps 첫걸음 (K-방) 1:00 – 2:10 Boram Ku				자서전 Autobiography 2:00 – 3:30 (K-방) Eun Mi Kim 방학		고전 & 현대무용 (Hall) Traditional & Modern Dance 1:00 – 3:00 Hey Won Choi	
한국무용 Korean Dance 1:00 – 3:00 (Hall) Sang Soon Lee		한국무용 Korean Dance 1:00 – 3:00 (Hall) Sang Soon Lee		한국전통채색화 (Stage) Korean Folk Painting 1:00 – 3:00 Hyun Joo Cho		고전 & 현대무용 (Hall) Traditional & Modern Dance 1:00 – 3:00 Ann Lee			
월요 서예반 (Stage) Monday Calligraphy Class 1:00pm – 4:00pm Myoung Sook Min				영어 - 중급 (K-방) English - Intermediate 1:00 – 3:30 Sara-Ann Burke		기초 기타 Guitar (Piano-방) 1:00 – 2:30 Kyung Jin Park	문학 반 Korean Literature 2:30 pm – 4:30 pm Bokim Choi		
 KCS Daily Activities at FOAC: Leisure Baduk 바둑, Leisure Korean Chess 장기, Leisure Rummikub 루미컵 (9:00 AM – 2:00 PM) Table Tennis / 탁구 (Lobby) (1:00pm – 2:00pm)  KCS									