

## Monthly Regular Program

Free Hair Cut: The Last Tuesday of The Month 10:00-11:30 am

(**무료 이발 봉사: 매월 마지막 주 화요일 10:00-11:30am**)

NY Common Pantry: **02/11/2026 (WED)**

MTA Senior Card : **Flushing at Main St & Roosevelt Ave, 1st & 3rd Friday**

## 02 월 식단

Lunch Menu Plan for FEB 2026

Mon	Tue	Wed	Thu	Fri
2 Mackerel	3 Beef	4 Tofu	5 Egg	6 Chicken
9 Mackerel	10 Chicken	11 Fish	12 Bean Curd	13 Beef
16 <b>HOLIDAY</b>	17 Bibimbap	18 Chicken	19 Tofu	20 Fish
23 Mackerel	24 Bean Curd	25 Beef	26 Chicken	27 Pork

**\*All menu items are subject to change according to seasonality and availability**

**1월 후원 해주신 분(Contribution in JAN)**



## KCS 코로나 경로회관 (KCS OAC CORONA Center)

Monthly Schedule for February 2026



37-06 111th Street, Corona, NY, 11368  
Tel: (718)651-9220  
<http://www.kcsny.org>

Managing Director: Helen K Ahn  
Program Director: John Shin  
(Funded by: NYC Department for the Aging)



# 2월 시간표 / Program for



시간	월(MON)		화(TUE)	수(WED)	목(THU)		금(FRI)	
10:00 - 10:30am	Blood Pressure		Blood Pressure	Blood Pressure			Blood Pressure	
10:30 - 11:00am			sudoku		CH Smart Phone	sudoku	Blood Pressure	스마트폰 Smart Phone
11:00 - 11:30am				CH Smart Phone		운동 Exercise	스마트폰 Smart Phone	운동 Exercise
11:30 - 12:00pm					운동 Exercise		운동 Exercise	
12:30 - 1:00pm	피아노 Piano		싱어롱 Singalong		Zumba 춤바			
1:00 - 1:30pm	피아노 Piano		싱어롱 Singalong		Zumba 춤바			

- 강의 신청은 오피스로 문의 부탁드립니다. 많은 참여 부탁드립니다.
- 혈압 체크(Blood Pressure Service) - Everyday Available (Grace[KO]), Wennie[CH]
- 클래스를 참여하실 경우 바코드를 꼭 지참해주세요!

